

# PATHS Programme in St. Catherine's

(Promoting Alternative Thinking Strategies)

## PATHS Quote of the Month October



Kindness is Free  
Sprinkle that stuff  
everywhere



Look out for our Pupil/Child of the Day badges. If your child is Pupil/Child of the Day remember to tell your child a compliment at home and we can write it on their compliment sheet which is displayed in school.



An illustration featuring a hand at the top right, tilted and sprinkling a cloud of small blue and white particles. These particles are falling into a large, light-yellow speech bubble that has a tail pointing towards the bottom left. The background is a solid teal color. The text inside the speech bubble is written in a bold, dark blue, hand-drawn font.

KINDNESS  
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SPRINKLE  
THAT STUFF  
EVERYWHERE