

Online Safety

Parents





Using Social Media



Home learning,
home work or
research.



What are your children doing online?

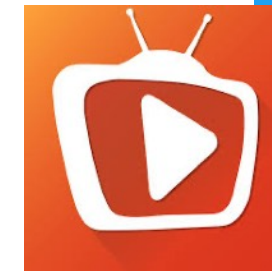
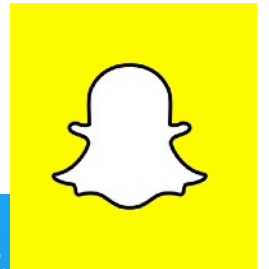


Playing Online Games



Creating or
watching video

Children's Digital Playground (6-12)



What are your children doing online?

- Watch videos on **YouTube**
- **Play a range of online games** from Roblox and Fortnite to Toca Boca mobile games
- Older children use apps such as Tik Tok to post **videos online and live-stream**
- Some may also be using platforms like **Snapchat and Instagram** although minimum age is 13
- **Use educational apps** to supplement learning

2021 *This Is What Happens In An Internet Minute*



Latest Research

3-4



17% have their own mobile phone

To go online: **39%** use a mobile phone, **78%** use a tablet and **10%** use a laptop

89% use video sharing platforms

32% use live streaming apps/sites

50% use messaging sites/apps

21% use social media and **24%** have their own social media profile

18% play games online

81% watch TV or films on any type of device other than a TV set (**85%** on a TV set)

47% watch live TV vs **72%** who watch SVoD¹

5-7



28% have their own mobile phone

To go online: **50%** use a mobile phone, **83%** use a tablet and **27%** use a laptop

93% use video sharing platforms

39% use live streaming apps/sites

59% use messaging sites/apps

33% use social media and **33%** have their own social media profile

38% play games online

74% watch TV or films on any type of device other than a TV set (**88%** on a TV set)

48% watch live TV vs **77%** who watch SVoD¹

Latest Research

8-11



60% have their own mobile phone

To go online: 71% use a mobile phone, 79% use a tablet and 55% use a laptop

95% use video sharing platforms

54% use live streaming apps/sites

84% use messaging sites/apps

64% use social media and 60% have their own social media profile

69% play games online

79% watch TV or films on any type of device other than a TV set (90% on a TV set)

51% watch live TV vs 76% who watch SVoD¹

32% have seen something worrying or nasty online 📶

32% were able to correctly identify sponsored search results 🔍

‘Tik Tots’

TikTok being used by 16% of British toddlers, Ofcom finds

Three-year-olds are on the video-sharing platform and it may be affecting their attention span



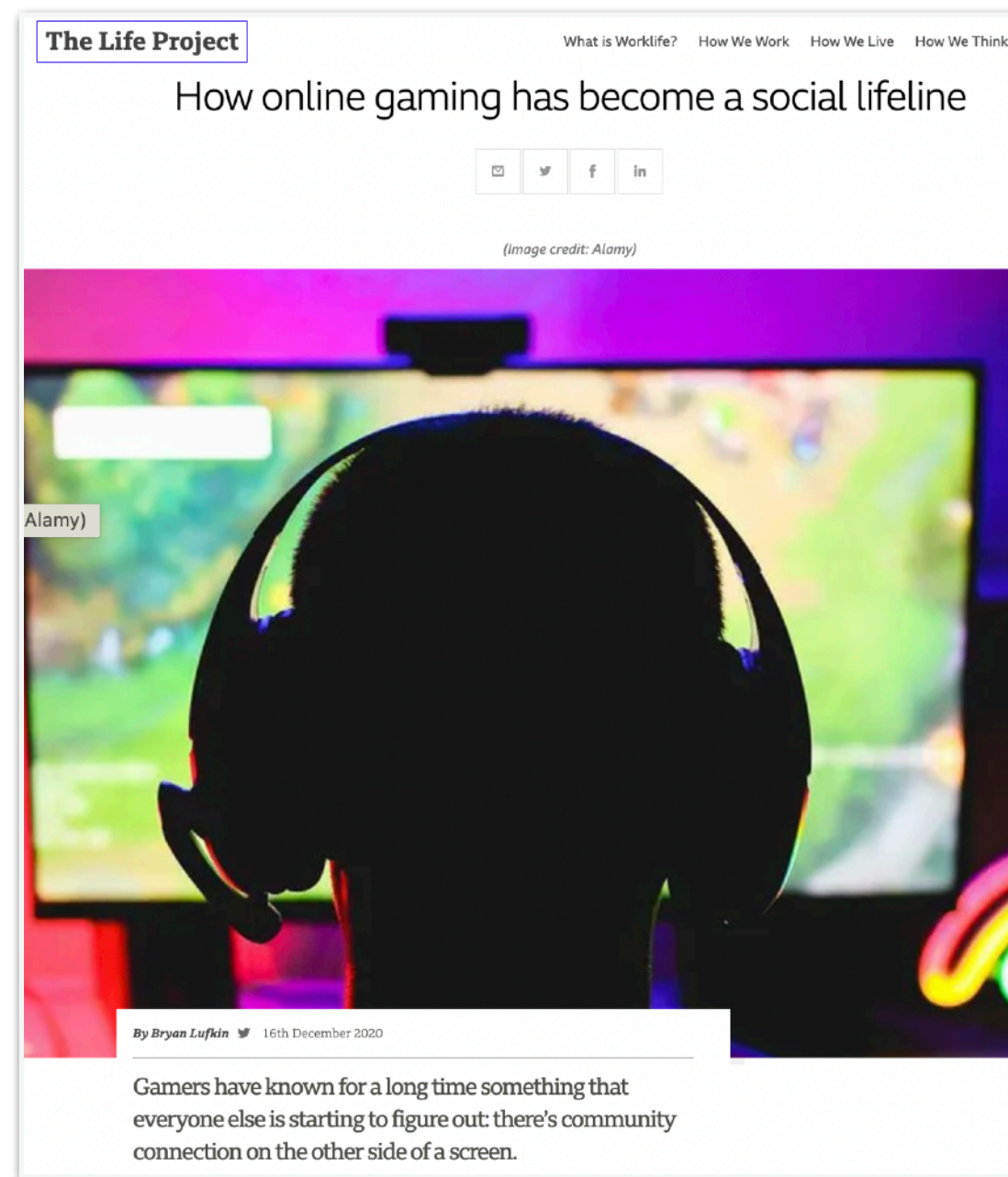
📷 Tiktok's terms of service excludes under-13s. Photograph: poplasen/Getty Images/iStockphoto

British toddlers are increasingly likely to be users of [TikTok](#), with a substantial number of parents saying their preschool children use the video service despite the app supposedly being restricted to those aged 13 and older.

About 16% of three- and four-year-olds view TikTok content, according to research commissioned by media regulator Ofcom. This rises to a third of all children in the five- to seven-year-old age group.

What can you do?

Acknowledge the Positives



Nine in ten 8-15s said that using social media made them feel happy and closer to their friends.

Understand the world our children grow up in.



Children will make mistakes...

Create a culture where they will tell...

"I wouldn't want to be called a snitch"

 24%

 12%

 43%

Total

29%

"I'd worry that I was to blame"

 30%

 33%

 48%

Total

39%

"My parents/carers would stop me using the internet"

 13%

 18%

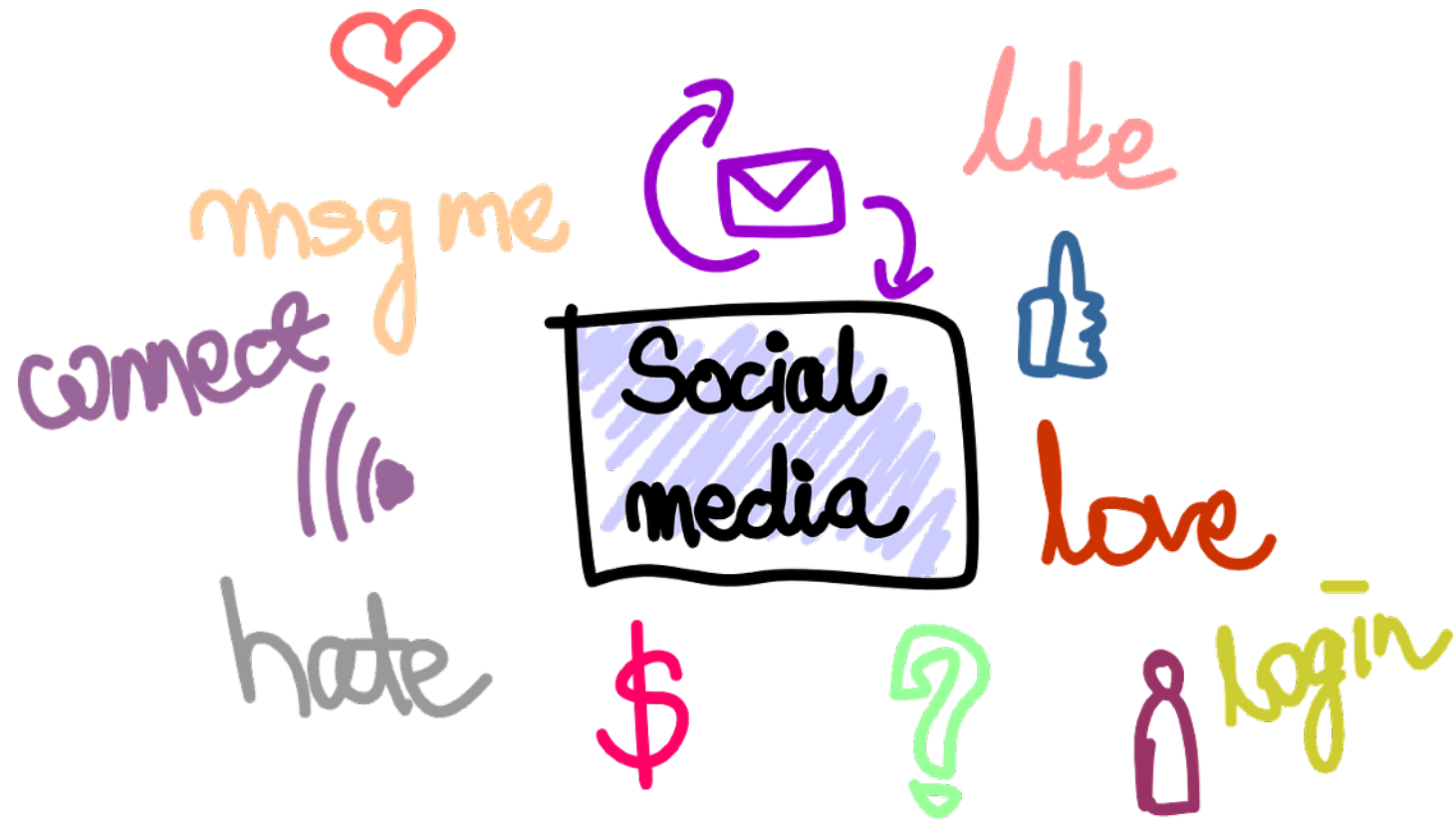
 49%

Total

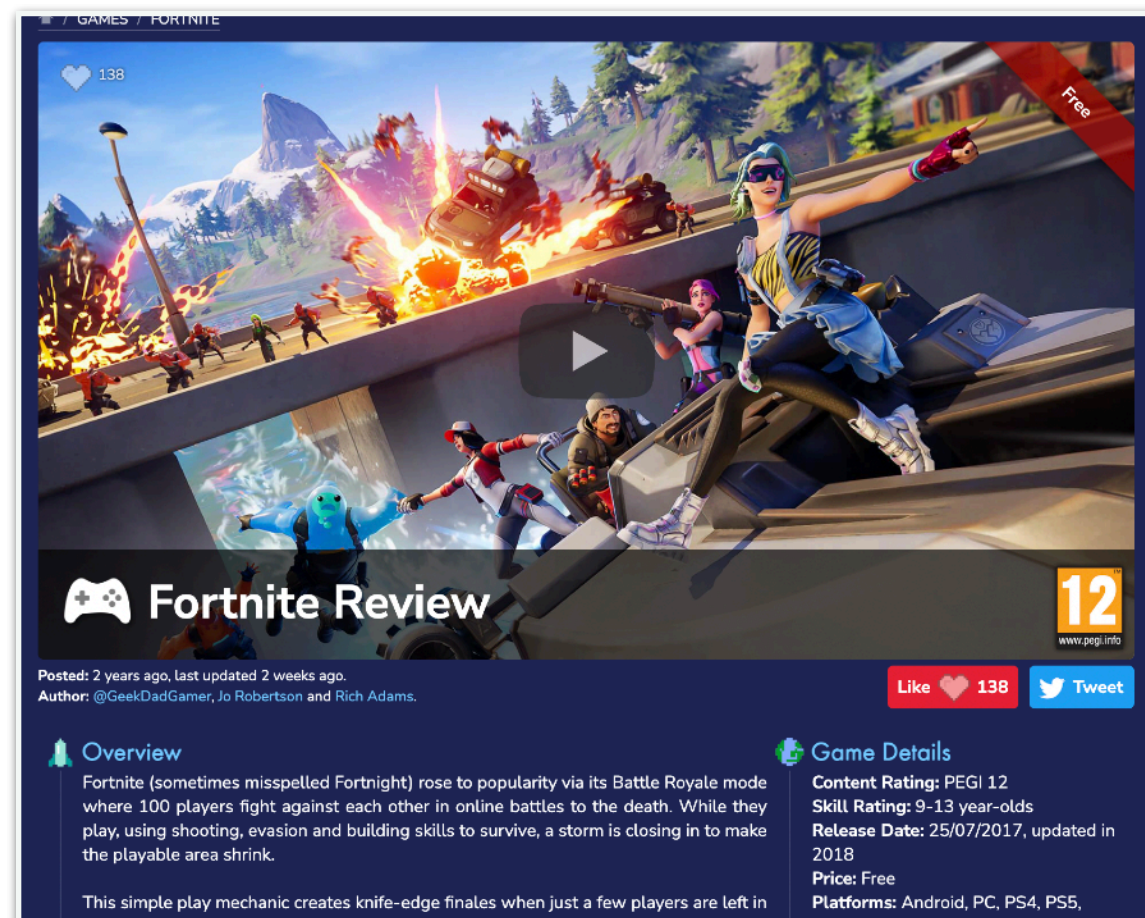
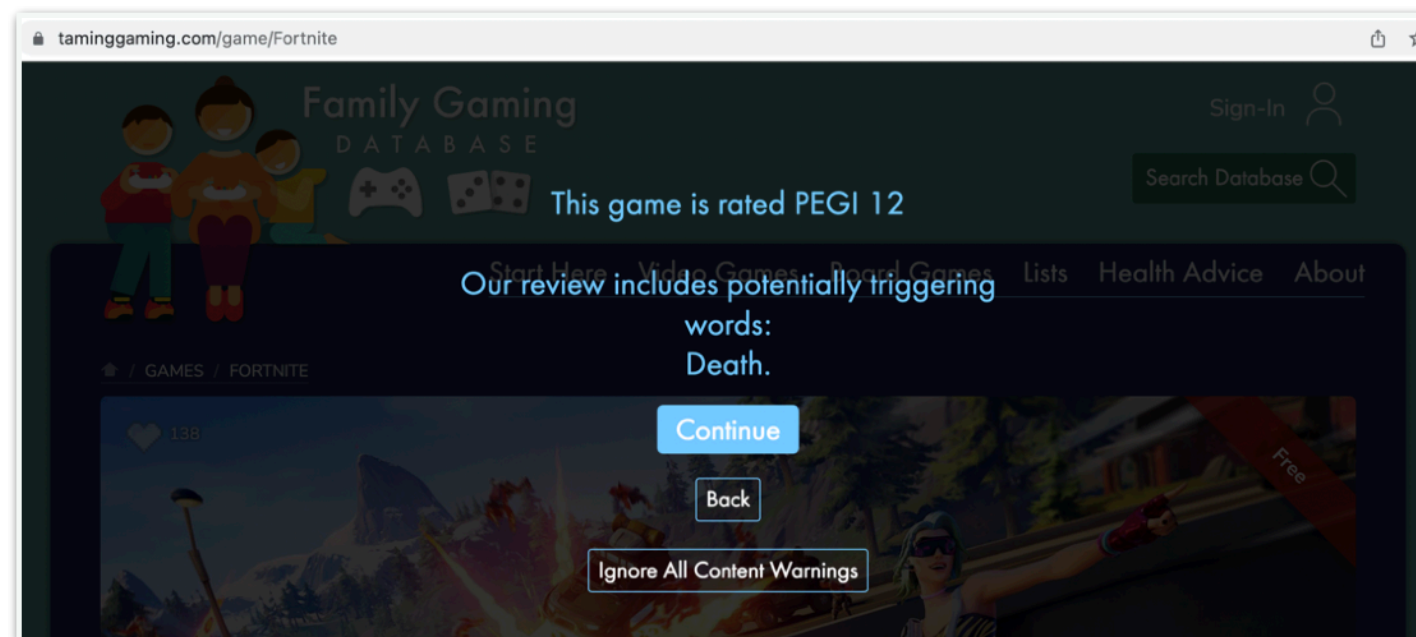
30%

Supporting your son or daughter

- Take an interest.
- Listen and don't judge.
- Engage with them.
- Use technology with them.
- Do not become a 'sharent' - lead by example.
- Talk to other parents about any issues - join social media parents groups.
- Open minded to technology.



Taming Gaming



Test your home filtering

TEST FILTERING

Personal Schools Business Public Sector

Personal Internet Filter Test

Children, particularly younger children, can be bothered by things they see online, and filters can be a helpful tool in reducing the chances of coming across something upsetting.

Managing access to online content is very much an art and whilst no filter or parental controls tool is 100% effective, this utility will help you test the main components of any filtering or parental controls (if they are active) on your Broadband or mobile connection.

All the major Broadband and mobile operators provide filtering or parental controls. To find out more about these including instructions on activating them can be found on the Internet Matters website.

[Test My Internet Filter](#)

TEST FILTERING

Results for Filter Test: Passed

Establishment Type:	Personal
Organisation:	Joe Bloggs
Postcode:	L31 3VE
IP Address:	62.252.201.33
Network:	NTL

Child Sexual Abuse Content

Tests whether you are blocking websites on the IWF Child Abuse Content URL list.

✓ It appears that your Internet Service Provider or filtering solution includes the IWF URL Filter list, blocking access to Child Sexual Abuse content online

Adult Content Filter Test

Test whether your Internet filter blocks access to pornography websites

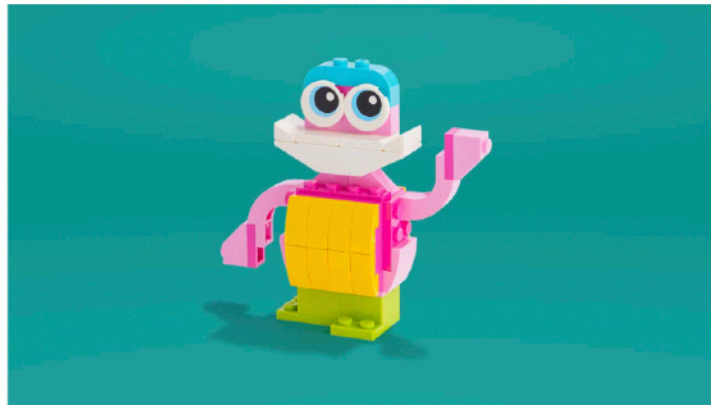
✓ It appears that your filtering solution includes blocking for online pornography.

<http://testfiltering.com/personal/>

Lego

[SHOP](#)[DISCOVER](#)[HELP](#)

Choose your Online Explorer to build



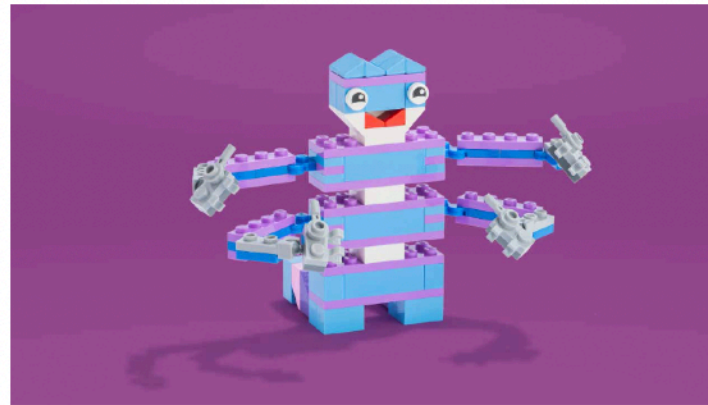
The Giggler

Loves to watch and make videos online

Your build and talk activity will focus on the wonderful world of online video and what kids need to watch out for.

Topic included:

- Online bullying and trolling
- Managing screen time
- Phishing and online scamming



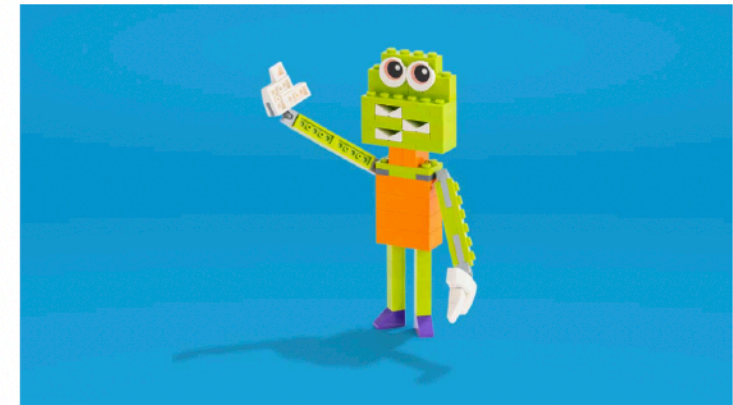
The Multiplayer

Loves playing games online

Your build and talk activity will focus on the fun world of online gaming and what kids need to watch out for there.

Topic included:

- Online bullying
- Managing screen time
- In-game purchases



The Chatterbox

Loves chatting with friends online

Your build and talk activity will focus on the ways your child likes to chat online via messaging apps and video calls, and what they need to watch out for there.

Topic included:

- Online bullying
- Strangers online
- Privacy and sharing safely

Parental Controls





Google Family Link

- Available on App and Android Stores.
- Monitor Screen Time.
- Manage Apps.
- Set sleep time.
- See where they are.

Establish boundaries for your family online.

KEEP AN EYE ON SCREEN TIME

App activity reports

Not all screen time is created equal. It can depend on whether your child is using their device to read a book, watch videos or play games. You can use Family Link's app activity reports to see which apps your child is using most, and make decisions about what they have access to.

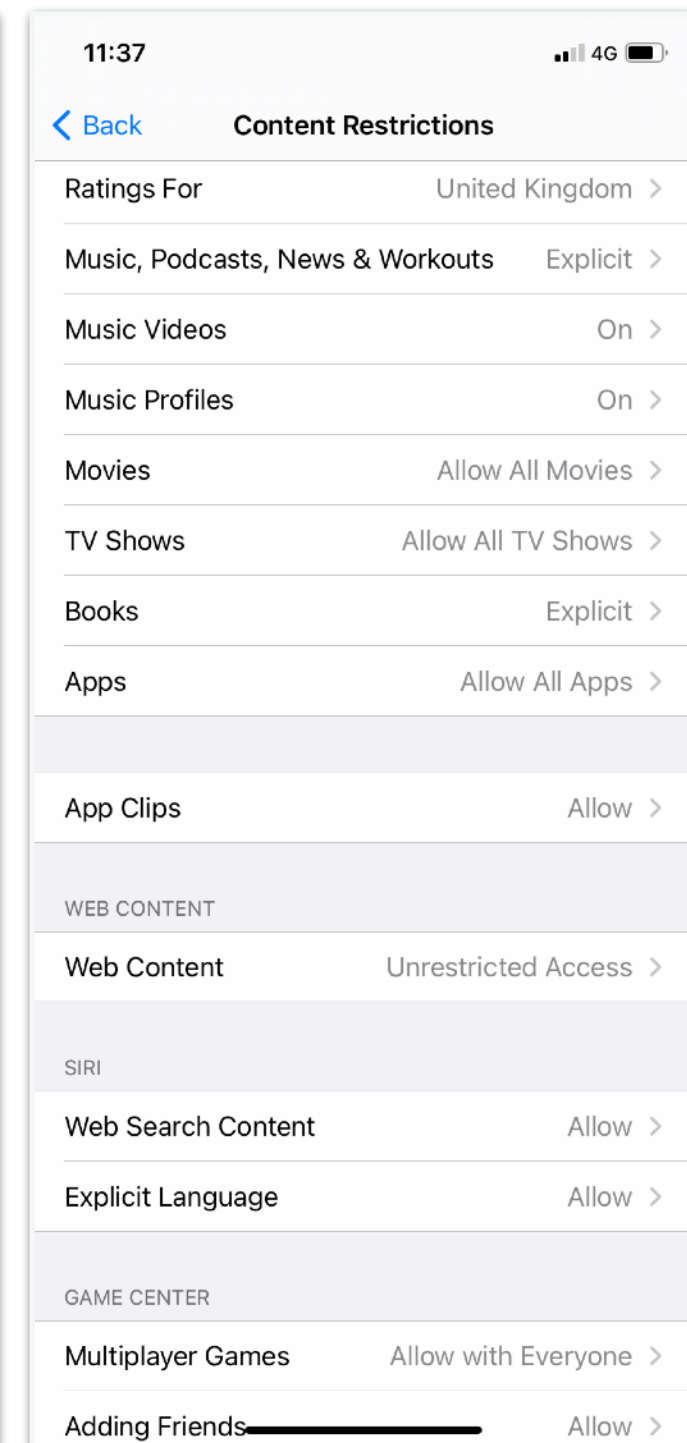
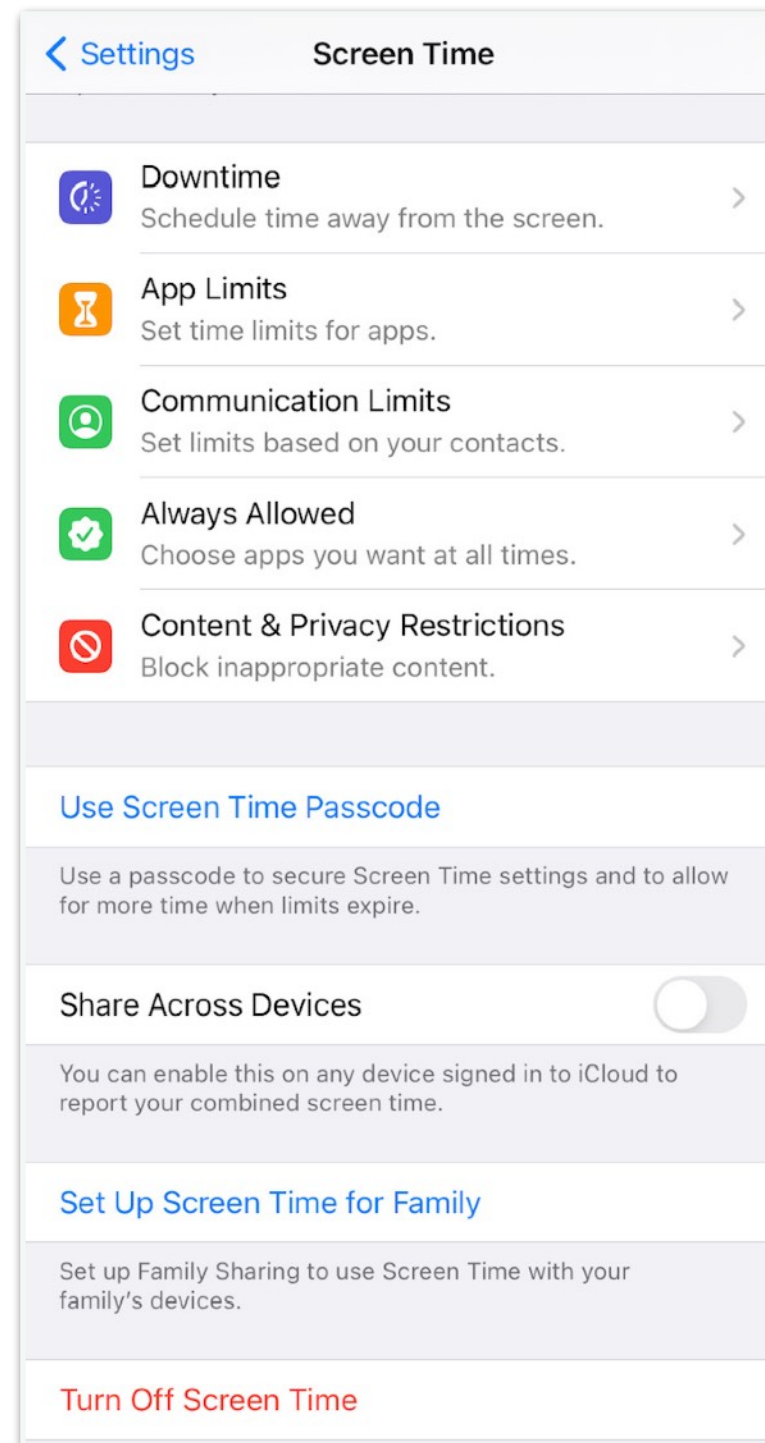
[Explore Family Link](#)

The screenshot shows the 'Family Link' app interface. At the top, there's a back arrow, the 'Family Link' title, and a user icon. Below this are two tabs: 'Daily limit' (active) and 'Bedtime'. Under 'Daily limit', there's a 'Scheduled' toggle switch which is turned on. Below the toggle, a table shows screen time limits for different days: Tuesday (2 hr 15 min), Wednesday (2 hr), and Thursday (2 hr). Each day has a '+' and '-' button to adjust the limit. At the bottom of the table, there are checkmarks indicating that the limits are applied. An 'Apply' button is also visible.

Day	Limit	Status
TUESDAY	2 hr 15 min	Applied
WEDNESDAY	2 hr	Applied
THURSDAY	2 hr	Applied

Apple Parental Control

- Restrict Apps
- Set time limits
- Filter web content
- Restrict the game centre.



Support for you

- You can always speak to:
 - CEOP
 - NSPCC
 - School
- Or for more general information you can visit these sites:
 - UK Safer Internet Centre (<https://www.saferinternet.org.uk/>)
 - Internet Matters (<https://www.internetmatters.org/>)
 - The Parent Zone (<https://parentzone.org.uk/home>)