



PATHS Quote of the Month

December

We are delighted that our school is a PATHS Model School and that PATHS is taught in all classes from Nursery right through to Primary 7. The PATHS programme involves lots of fun activities dealing with important issues such as Feelings, Behaviours, Solving Problems, Making Friends and Self-Esteem. It links directly with our Personal Development and Mutual Understanding curriculum and aims to help children develop the fundamental skills needed for life. From time to time your child will have fun home activities to complete relating to the programme. Get involved! Ask your child in the coming weeks about our fantastic PATHS programme and help prepare them with the essential skills they need for their life ahead. There will be an inspirational PATHS quote each month in our newsletter highlighting key PATHS ideas.

Check out December's quote...

There is so much you can learn when you listen. You can be a good friend by listening. Listening is often the only thing needed to help someone. Be a good listener today to learn new things and to be a good friend.



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