

St Catherine's Nursery School Winter Menu 2019/2020

**school
food**

try something new today

www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water**

**If you require any
additional information on
allergens or special diet
please contact the school
in the first instance**



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|---|
| Week One 4th Nov 2nd Dec 30th Dec 27th Jan 25th Feb 23rd Mar | H/M Chicken Bites Green Beans Salad Herb/Dice/Mashed Potatoes Semolina/Fruit Crackers & Cheese (RMF) | Salmon Fish Cakes Peas/Salad Mashed Potatoes Parsley Sauce Flakemeal Biscuits Fruit Custard (RMF) | Baked Gammon Stuffing & Gravy Creamed Potatoes Cabbage/Carrots Salad Fruit Salad Artic Roll | Spaghetti Bolognaise Scone Topping Salad Broccoli/Carrots Mashed Potatoes Fruit Muffin/Fruit Custard (H) | O/B Sausages Baked Beans/Carrots Chips Mashed Potatoes Salad Decorated Sponge Fruit & Custard |
| Week Two 11th Nov 9th Dec 6th Jan 3rd Feb 2nd Mar 30th Mar | Chicken Curry & Rice Mixed Vegetables Mashed/Baked Potatoes Salad Decorated Mousse Fruit/Ice Cream (H) | Cheese Tomato Pizza Baked Beans/Broccoli Oven Dice/ Baby Boiled Potatoes Salad Rice Pudding & Fruit Cheese & Biscuits (RMF) | Roast Meat Dinner Stuffing & Gravy Creamed Potatoes Baton Carrots/Cabbage Salad Wholemeal Biscuits Fruit/Custard (H) | Oven Baked Fish Peas/White Sauce Mashed Potatoes Salad Fruit Muffin/Fruit Custard (RMF) | H/M Beef Burgers & Baps Sweetcorn/Green Beans Salad/Chips Mashed Potatoes Fruit Sponge/Fruit Custard |
| Week Three 18th Nov 16th Dec 13th Jan 10th Feb 9th Mar 6th Apr | Oven Baked Chicken Nuggets Carrots/Salad Baby Boiled/Mashed Potatoes Jelly/Fruit Ice Cream | Oven Baked Beef- Burgers & Onion Gravy Peas/Sweetcorn Herb Dice/Mashed Potatoes Salad Fruit Cookies/Fruit Custard (H) | Roast Chicken/Turkey Stuffing & Gravy Creamed Potatoes Cabbage/Carrots Salad Fruit Sponge/Fruit Custard (RMF) (H) | Oven Baked Fish Sweetcorn/Peas Mashed Potatoes Salad Date Squares/Fruit Custard (RMF) | Hot Dogs Baked Beans/Carrots Tossed Salad/Coleslaw Chips Mashed Potatoes Wholemeal Biscuits Fruit/Custard |
| Week Four 25th Nov 23rd Dec 20th Jan 17th Feb 16th Mar | Oven Baked Fish Green Beans Mixed Vegetables Salad Mashed/Baked Potatoes Fruit Cracknell/Fruit Custard (RMF) | H/M Chicken Bites Broccoli/Carrots Salad Mashed Potatoes Rice Pudding/Fruit Frozen Yoghurt | Roast Beef/Pork Stuffing & Gravy Creamed Potatoes Turnips/Carrots Salad Fruit Crumble/Sponge Fruit/Custard | Beef Burger & Bap Mixed Vegetables Oven Dice/Mashed Potatoes Salad Fruit Muffin/Fruit Custard (H) | O/B Sausages Baked Beans/Carrots Chips Mashed Potatoes Flakemeal Biscuit/Fruit Custard (RMF) |

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