

St Catherine's Primary School

Winter Menu 2019/2020

school food

try something new today

www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water**

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 4th Nov 2nd Dec 30th Dec 27th Jan 25th Feb 23rd Mar	H/M Soup & Sandwiches Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad Chips / Mashed Potatoes Decorated Sponge / Fruit Custard	H/M Soup & Sandwiches Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce Flakemeal Biscuits / Fruit Custard (RMF)	H/M Soup & Sandwiches Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Creamed Potatoes Cabbage / Carrots Fruit Salad Artic Roll (H)	H/M Soup & Sandwiches Spaghetti Bolognaise Pizza Topping / Salad Broccoli & Carrots Mashed Potatoes Fruit Muffin / Fruit Custard (H)	H/M Soup & Sandwiches H/M Chicken Goujons Savory Wraps / Baguettes Paninis / Salad Green Beans Herb Dice / Mashed Potato Semolina / Fruit Crackers & Cheese (RMF)
Week Two 11th Nov 9th Dec 6th Jan 3rd Feb 2nd Mar 30th Mar	H/M Soup & Sandwiches Chicken Curry & Rice Cottage Pie Mixed Vegetables / Salad Mashed / Baked Potato Decorated Mousse Fruit / Ice Cream (H)	H/M Soup & Sandwiches Oven Baked Sausages Cheese & Tomato Pizza Baked Beans / Broccoli Oven Dice & Baby Boiled Potatoes / Salad Rice Pudding & Fruit Cheese & Biscuits (RMF)	H/M Soup & Sandwiches Roast Meat Dinner Stuffing & Gravy / Salad Dry Oven Roast / Creamed Potatoes Baton Carrots / Cabbage Wholemeal Biscuits Fruit & Custard (H)	H/M Soup & Sandwiches Oven Baked Fish Cheese / Chicken Paninis Peas / White Sauce Salad Mashed Potatoes Fruit Muffin / Fruit Custard (RMF)	H/M Soup & Sandwiches Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potato Fruit Sponge / Fruit Custard
Week Three 18th Nov 16th Dec 13th Jan 10th Feb 9th Mar 6th Apr	H/M Soup & Sandwiches Spaghetti Bolognaise Oven Baked Chicken Nuggets Carrots / Salad Baby Boiled / Mashed Potato Jelly & Fruit Ice Cream	H/M Soup & Sandwiches Filled Baguettes / Paninis O/B Beef Burgers & Onion Gravy / Salad Peas & Sweetcorn Herb Dice / Mashed Potato Fruit Cookies / Fruit Custard (H)	H/M Soup & Sandwiches Roast Chicken / Turkey Stuffing & Gravy Dry Oven Roast / Creamed Potatoes / Gravy Cabbage & Carrots Fruit Sponge / Fruit Custard (RMF) (H)	H/M Soup & Sandwiches Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes / Salad Fruit Salad Custard (RMF)	H/M Soup & Sandwiches Hot Dogs Lasagne Baked Beans / Carrots Tossed Salad / Coleslaw Chips / Mashed Potato Wholemeal Biscuits Fruit / Custard
Week Four 25th Nov 23rd Dec 20th Jan 17th Feb 16th Mar	H/M Soup & Sandwiches Oven Baked Fish Savory Pizza Green Beans / Mixed Vegetables / Salad Mashed / Baked Potato Fruit Sponge / Fruit Custard (RMF)	H/M Soup & Sandwiches Oven Baked Sausages Pasta Bake Baked Beans / Peas & Corn Salad Chips & Mashed Potatoes Flakemeal Biscuits / Fruit Custard (RMF)	H/M Soup & Sandwiches Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Creamed Potatoes / Salad Turnips / Carrots Fruit Crumble / Sponge Custard / Fruit (H)	H/M Soup & Sandwiches Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes / Salad Fruit Muffin / Fruit Custard (H)	H/M Soup & Sandwiches Home Made Chicken Goujons Cottage Pie Broccoli / Carrots Mashed Potato Rice Pudding / Fruit Frozen Yoghurt / Fruit

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