



Parenting  
Family

**The Parenting Family Portal is a one stop online platform for parents & families containing a diverse range of resources and support.**

# HOW TO GET STARTED

★ Scan QR code



★ Enter your details and choose a username and password

★ Select 'Have a coupon?'

★ Enter coupon code :

**STCATHERINES**

★ You are now successfully logged in and can browse the site any time, night or day.



**CONTENT TO SUIT EVERYONE**

**including podcasts, blogs, short videos, articles, and webinars**



**ACCESS ANYTIME**

**vesting in a support that promotes positive wellbeing**



**PARENT MENTAL HEALTH**

**providing convenience to parents to browse resources & information at a time that suits**

If you have any queries or issues logging on, please email: [Gail@parentingni.org](mailto:Gail@parentingni.org)

