

St. Catherine's Primary School

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Dear Parent

We have been asked by Strabane Community Unemployed Group to let you know about a FREE Summer Learn and Play Programme starting on Tuesday 5th July from 11am -1pm and ending on Thursday 28th July. The programme will take place on a Tuesday and a Thursday each week of July from 11am -1pm. All activities are entirely FREE.

A few children from the same family can attend but MUST Be accompanied by a Parent. A list of the proposed activities are attached to this letter with a contact number for Ms Perpetula Foley who is organising the programme. Her contact number is **02871383927** . If you are interested in joining the programme with your child/ children then please feel free to contact Perpetula on the number given or email me bwilders592@c2kni.net to express interest. Places are limited so please express interest no later than WEDNESDAY 29th June if interested in gaining places.

Kind Regards

Bridget Wilders
Principal



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Learn and Play Group
Strabane Community Unemployed Group Summer Schedule 2022 Contact Perpetula: 02871383927

Date and Time	Activity
Tuesday 5th July 2022 11am – 1pm	<p>Arts and Crafts Day at the Church Hall, Bowling Green.</p> <p>The children will participate in ice breaker games and will enjoy arts and craft activities alongside their parents. They will show and tell each other their creations, and the story behind their pictures.</p> <p>Sandwich's and snacks parents and children will be provided through Grassroots Café.</p>
Thursday 7th July 11am – 1pm	<p>Cinema Lifford.</p> <p>A trip to Lifford Cinema, to watch an educational movie, that will allow children and parents, to learn from the story of the movie, and how it will promote real life situations and how we can deal with them at any given time. Watching a movie helps to promote relaxation and anxieties for children and parents, as they focus on the story involved.</p>
Mon 11 th July 11am – 1pm	<p>Grow your own seeds and plants.</p> <p>A trip, to the Allotments at Strabane Health Improvement Project</p> <p>This trip to the allotments demonstrates children and parents on the importance of learning how to grow seeds and plants, and how to take care and feed them in order for them to grow. The children will learn about different plants and seeds, and how to take care of the soil, and the earth.</p> <p>This learning helps to educate children and parents on how to grow your own vegetables, in your garden to promote health eating.</p>



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Thursday 14 th July	11am – 1pm	<p>Project Sparks Derry.</p> <p>A Musical trip to Project Sparks in Derry, this event will promote learning through Music, and playing instruments. The children will learn music and learn songs with disabled gifted artists, who teach music to children, to help express themselves, through song and dance.</p> <p>At Project Sparks, we believe:</p> <ol style="list-style-type: none"> 1) The best teachers are those who know what it's like to struggle. 2) Music is a powerful tool to help children learn how to fail and find their creative voice. <p>That's why we train musically gifted disabled artists to teach music to children and young people.</p> <p>So far, the inspiring Leaders of Project Sparks have taught over 1,250 children.....and they are only getting started!???? ?? ????</p>
Tuesday 19th July	11am – 1pm	<p>Lurkybrack farm. Letterkenny.</p> <p>Trip to Lurkybrack farm Letterkenny, this event will allow the children, and parents to learn about a working farm.</p> <p>Lurgybrack Open Farm is a special place where all the family can spend the day together seeing the animals and having fun.</p> <p>The centuries old farm building is home to a range of friendly farm animals that children can come face to face with.</p> <p>There is ample space to play safely, wander by the riverside, walk or just sit back and unwind with a tasty snack from our tea room or have your own family picnic.</p>



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Thursday 21 st July	11am – 1pm	Sports Melvin. This sporting event, will be held in Melvin complex with the coaches from the Derry/Strabane District Council. This event will allow the children to take part in the various sporting events, this is to promote exercise and help reduce stress and anxieties that the children may have. Exercise is good for our Mental Health, the sporting events, helps children feel more positive and gives them more energy and a feel good factor.
Tuesday 26 th July	11am – 1pm	SECA. Strabane Ethnic Association. Cultural Integration. To introduce Parents and Children to different Cultures, Food, Dress, Music and Dance. To promote equality and inclusion in the community. This event Will allow children, to experience and take part in various events, such as Arts and Crafts, Music, Dance and food tasting from different countries.
Thursday 28 th July	11am – 1pm	Grassroots, Social Super Market. Cooking Demonstrating. To Learn about Healthy eating, plus demonstrating where there food comes from. Diet Nutrition, Children will participate in the helping out with cooking through supervision from the staff from Strabane Community Project. To cook a healthy meal for themselves and their parents.



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